

High School Co-Ed 5on5 Basketball League



- REGISTRATION is **December 1–December 22**
- The league will run **January 7-February 25**
- Games will be played **Wednesdays** starting at approximately **8:30pm**
- All rosters must be paid in full to be placed on the game schedule. Payment must be made at the time of registration, so please have payment ready.

Team Name: <small>*Team Names deemed inappropriate by YMCA staff will not be allowed.</small>
Captain’s Name:
Captain’s Phone:
Captain’s E-Mail:
Questions? Contact the Sports Department: Cole Lafferty (751-9709) or email cole.lafferty@bismarckymca.org for further information.

☐ We would like a Free Agent player added to our team

PARTICIPANT’S NAME	BIRTHDATE	PHONE NUMBER	ADDRESS	EMAIL ADDRESS	PARENT NAME/ BIRTHDATE	YMCA MEMBER \$45 <small>(We can charge the stored billing method)</small>	NON MEMBER \$65
1							
2							
3							
4							
5							
6							
7							

YMCA BASKETBALL LEAGUE RULES

- **The league is a 5 on 5 league.**
 - Players must pay fees and register to be added to the roster.
 - Players can be added to a roster at any time prior to the start of the tournament.
 - A player may only be registered on one roster.
- **A team must have 3 players present to start a game.**
 - If a team does not have at least 3 players present at the start of the game, they will forfeit the game.
 - If a team has at least 3 players present at the start of the game, the game can start, and the opponent can still play with all their players present.
- **Possession will be determined by a 3 point shot at the start of the first game.**
 - Jump balls will alternate thereafter
- **Teams will play 3 games to 25 points each (you do not need to win by 2).**
 - 2 points will be awarded for a regular basket
 - 3 points will be awarded for a 3-point basket
 - 1 point will be awarded for a free throw
- **Fouls are on the honor system, please play fair.**
 - One free throw will be shot on shooting fouls.
 - If the shot attempt is missed by the offensive team, they will shoot 1 free throw, and regain possession of the ball, in order to deter teams from intentionally fouling.
 - If the basket goes in, the team will shoot one shot and the defensive team will get the ball.
- **Un-sportsmanlike conduct will not be tolerated.**
 - A player may be forced to take a cool-down period if they are not following proper sportsmanship. The player will need to sit out until they are ready to play in a respectable and sportsmanlike manner.
 - A player may be ejected if they receive a second cool-down, or behaves in an inappropriate manner. A player will be ejected for the night, and may face a further suspension from the league.
 - A player can be ejected without a cool-down period being given depending on the infraction.
- **There will be absolutely no spectators.**
- **Once a team finishes, they must leave the facility within 10 minutes of their game ending. There will be no staying and watching other games.**