



YMCA YOUTH VOLLEYBALL RULES FOR KG-3RD GRADES

- **Equipment modifications**

- Players will play on a 7 foot net.
- Kindergarten/1st Grade and 2nd Grade
 - Players will use floater volleyballs for all practices and matches.
 - Players will play on a smaller court.
 - Matches will be played with a 6 v 6 format.
- 3rd Grade
 - Players will use volleylite volleyballs for all practices and matches.
 - Players will play on a regular sized court.
 - Matches will be played in a standard 6 v 6 format.

- **Players will have equal playing time.**

- Players will rotate into the game after their serve to ensure equal playing time.
- If a team has less than the required number of players present, the opponent can still play with all their players.

- **Players will have a modified serving line closer to the net.**

- Players may serve from anywhere on the court they are able to find success.
- Foot faults will not be called.
- Coaches please use your judgment on determining an appropriate service line for your players.

- **All players will get an opportunity to serve.**

- Overhand serving is not allowed.
- Kindergarten/1st Grade and 2nd Grade
 - Players will get 3 consecutive service attempts, if there is not a successful serve, the ball will be entered by a toss into play.
 - Coaches, please help officials keep track of this as it is sometimes hard to keep the correct count.
- 3rd Grade
 - After the same player scores 5 consecutive points, a "side out" will be awarded to the other team, but no points will be recorded.
 - Coaches, please help officials keep track of this as it is sometimes hard to keep the correct count.

- **Kindergarten/1st Grade and 2nd Grade**

- Players will play three 15 minute sets.
- Coaches from each team will be on the court, and working together, with the officials, to ensure fair play. Feel free to stop the game and explain the rules and situations to players as necessary. We want the players to learn the game during practices as well as games.

- **3rd Grade**

- Players will play 3 sets to 21, with a cap of 21.
- Rally scoring will be used.
 - In rally scoring a point is rewarded on every play, and a team does not have to be serving to score.
- Standings will not be kept, and teams will participate in an end of season jamboree.