

SCHOOL AGE PROGRAM

Grades K through 5.

BEFORE AND AFTER SCHOOL

At the Y, kids build self-esteem, confidence and values in a welcoming and safe environment. You'll know they're learning and growing to their potential; they'll just think they're having fun with their friends! Staff will provide a positive learning and recreational experience. Children will have time to stretch their minds and their bodies. Some transportation and extended care options may be available. Opportunities are offered September through May, and follow the Bismarck Public School district calendar of closures for holidays and other events.

ADVENTURE CAMP

Adventure Camp is an exciting place to play on school off days. Our camp schedule focuses around student-led learning, growth and exploration in the classroom, gymnasium, pool and outdoors. Opportunities are offered September through May along with the Bismarck Public School district calendar.

SUMMER CAMP

MONTHLY Y EXPLORERS

HALF DAY Y EXPLORERS (PM PART-TIME)

Grades 1 through 4.

Taking a break from school does not mean kids' development is on vacation. Y Explorer campers enjoy a summer camp atmosphere at the Y, and experience exciting weekly field trips. Days are filled with fun and educational experiences, time in the gyms and pools, and activities that focus on achievement, relationships and belonging. Opportunities are offered June through August.

WEEKLY CAMP NAKOTA

Grades 1 through 7.

When school's out, it's time to relax, unwind, and have fun with friends. Achievement, relationships and belonging are what Camp Nakota weekly day camp is all about. Campers enjoy exciting field trips, time in the gyms and pools, and a fun, ceremonious, summer camp experience. Camp Nakota provides youth with activities to promote skill development, learning and growth. Opportunities are offered June through August.

KINDER CAMP (AM PART-TIME)

Ages 4 to 5 years.

Kinder Camp is the ultimate summer camp experience for any preschooler! Children enjoy an exciting summer of learning, growth and adventure tailored especially for them! Opportunities are offered June through August.



LOCATIONS

Youth Development Center (YDC Main Campus)

1608 N Washington St., Bismarck, ND
701-751-9706

Monday-Friday, 6:30am – 6:00pm

- Infant-toddler care
- Preschool
- Kindergarten readiness preschool
- School-age care

Youth Development Center North (YDC North)

1701 E Century Ave., Bismarck, ND
701-751-9700

Monday-Friday, 6:30am – 6:00pm

- Infant-toddler care
- Preschool
- Kindergarten readiness preschool

Youth Development Center Mandan (YDC Mandan)

2700 46th Ave. SE, Mandan, ND
701-751-9817

Monday-Friday, 6:30am – 6:00pm

- Preschool
- Kindergarten readiness preschool

For details on daily schedules,
program pricing and registration,
visit bismarckymca.org



**FOR YOUTH
DEVELOPMENT**



**YMCA YOUTH
DEVELOPMENT CENTERS**

**EARLY LEARNING • SCHOOL AGE
SUMMER CARE & CAMPS**



YMCA YOUTH DEVELOPMENT CENTERS

The YMCA Youth Development Centers are Bright and Early quality rated, values oriented, and state-licensed facilities for children newborn through 7th grade.

The Y offers programs that promote youth development through a combination of teacher-guided learning opportunities as well as child led discovery and exploration in a safe and nurturing environment. The developmentally appropriate curricula supports each child's social, emotional, physical and cognitive growth.

The YDC employs baccalaureate and CDA educated teachers as well as experienced teacher aides. Our kind and caring staff commit to ongoing training to ensure they are knowledgeable and up to date in best practice.

BRIGHT & EARLY ND

At all YDC locations, we work with your child to make sure they receive the best quality learning experience possible. Our program goes above and beyond the basic licensing standards of North Dakota and has completed an intensive observation process to earn a multi-star quality rating.

As a Bright & Early North Dakota program we:

- Take extra steps in health and safety
- Create an environment that inspires learning through play
- Develop activities that encourage language, creativity, science and other skills
- Provide nurturing relationships and positive interactions with children

SAFETY & CHILD ABUSE PREVENTION

Safety is a top priority at the Y. All of our YDC locations are secure and utilize a door code and finger-print based check-in security system. YDC staff

are CPR/1st Aide certified. Extensive background checks are conducted prior to employment. Y staff receive monthly safety and child abuse prevention training.

OUR COMMITMENT

At the YMCA Youth Development centers we recognize the positive impact we have in the lives of children and their families. That is why we are committed to providing the highest quality early learning opportunities and environments. Our priorities include healthy and safe facilities, caring and educated staff, partnerships and outstanding communication with families and an individualized approach to each child's care and early learning experience.



INFANT TODDLER PROGRAM

Ages 6 weeks to 5 years.

The Y's infant-toddler program focuses on the five areas of child development: cognitive, social-emotional, language, fine motor and gross motor development. Daily schedules are based on the needs of the child, and the staff are experienced and trained to provide individualized care for all the children in the program.

FULL-TIME PRESCHOOL

Ages 3 to 4 years.

Y Preschool meets year-round and strives to serve the whole child, providing stimulation and positive experiences to enhance social, physical and cognitive development. We place a great deal of emphasis on the child's self-esteem. Y Preschool uses Get Set for School curriculum and focuses on letter, shape and color recognition, and each child will participate in structured gym activities and a weekly swimming lesson.

FULL-TIME KINDERGARTEN READINESS PRESCHOOL

Ages 4 to 5 years.

Kindergarten Readiness Preschool is intended to build on the skills children learned in the Preschool program, and helps children create a foundation for school readiness. Each child will participate in structured gym activities and a weekly swimming lesson (September-May). This program uses Get Set for School curriculum, which develops early writing, literacy and math skills.

PART-TIME EARLY LEARNING ACADEMY

Ages 3 to 5 years.

The Early Learning Academy is a part-time preschool option for families. This program is intended to give children skills that will help them build a foundation for school readiness. Using the Get Set for School Curriculum, children receive hands on experiences, and will develop early writing, literacy and math skills. Children will also receive swimming lessons and structured gym experiences. Classes meet September through May, and follow the Bismarck Public School district calendar of closures for holidays and other events.

