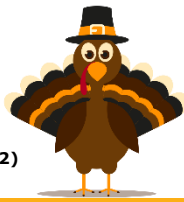



November 2020



Milk: 1% Milk (ages 2+) / Whole Milk (ages 1-2)
Items marked with an * are whole grain rich

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 5 Lunch Rotation	11/2 Breakfast Corn Flakes* Pears Milk Lunch Pork Sausage Patty Buttermilk Biscuit Country Gravy Whole Kernel Corn Pineapple Tidbits Milk Snack Banana Milk	11/3 Breakfast Bagel* Peaches Milk Lunch Chicken Strips Penne Pasta Green Beans >2yrs: Fresh Apples <2yrs: Applesauce Milk Snack Blueberry Muffins Milk	11/4 Breakfast Rice Krispies Mandarin Oranges Milk Lunch Hamburger on Bun Peas and Carrots Bananas Milk Snack Scooby Grahams* Milk	11/5 Breakfast English Muffin* Applesauce Milk Lunch Chicken and Rice Casserole Steamed Carrots Fruit Milk Snack <2yrs: Mandarin Oranges & Wheat Crackers >2yrs: Fresh Oranges & Sunflower Kernels	11/6 Breakfast Frosted Mini Wheats* Pineapple Milk Lunch Pasta and Meat Sauce Peas Pears Milk Snack Graham Crackers Yogurt	
	Week 6 Lunch Rotation	11/9 Breakfast Life* Tropical Fruit Milk Lunch Turkey Taco Burger on Bun Pineapple Tidbits Whole Kernel Corn Milk Snack Mini Pretzel Twists* Colby Jack Cheese Stick	11/10 Breakfast Waffle Peaches Milk Lunch Scalloped Potatoes and Ham Corn Muffin Peas >2yrs: Fresh Oranges <2yrs: Mandarin Oranges Milk Snack <3yrs: Teddy Grahams* >3yrs: White Cheddar Popcorn* Milk	11/11 Breakfast Kix* Pineapple Milk Lunch Beef Stroganoff Green Beans Bananas Milk Snack Wheat Crackers American Cheese Slice Milk	11/12 Breakfast Toast* & Jelly Applesauce Milk Lunch Swedish Meatballs Rotini Noodles Steamed Carrots Tropical Fruit Milk Snack Mozzarella Cheese Stick <2yrs: Canned Pears >2yrs: Apples	11/13 Breakfast Corn Chex* Pears Milk Lunch Ham Elbow Macaroni Broccoli Mandarin Oranges Milk Snack <3yrs: Cheddar Goldfish Crackers* >3yrs: Tortilla Chips & Salsa Milk
		Week 1 Lunch Rotation	11/16 Breakfast Frosted Mini Wheats* Applesauce Milk Lunch Linguine Meatballs with Marinara Green Beans Pears Milk Snack Banana Milk	11/17 Breakfast Bagel* Peaches Milk Lunch Breaded Chicken Chunks Wheat Dinner Roll Apple Slices Peas American Cheese Slice Milk Snack Blueberry Muffins Milk	11/18 Breakfast Life* Mandarin Oranges Milk Lunch Beef and Bean Sloppy Joe Slider Bun Tropical Fruit Cream Style Corn Milk Snack Animal Crackers Milk	11/19 Breakfast English Muffin* Pineapple Milk Lunch Chicken Pot Pie Biscuit Peas & Carrots Bananas Milk Snack Cheddar Chex Mix* Milk
Week 2 Lunch Rotation			11/23 Breakfast Rice Krispies Peaches Milk Lunch King Ranch Chicken and Bacon Casserole Green Beans >2yrs: Fresh Apple <2yrs: Fruit Cocktail Milk Snack <3yrs: Scooby Grahams* >3yrs: White Cheddar Popcorn* Milk	11/24 Breakfast Waffle Peaches Milk Lunch Corn Dog Cheese Slice Wheat Dinner Roll Fruit Corn Milk Snack Teddy Grahams* Milk	11/25 Breakfast Cheerios* Pineapple Milk Lunch Baked Ziti with Ham and Cheese Peas and Carrots Tropical Fruit Milk Snack Strawberry Chex Mix* Milk	11/26 11/27 Closed Closed 
	Week 3 Lunch Rotation		11/30 Breakfast Frosted Mini Wheats* Applesauce Milk Lunch Chicken Fried Chicken Wheat Dinner Roll Country Gravy Mashed Potatoes Mandarin Oranges Milk Snack Scooby Grahams* Banana			

