

# August 2019



Milk: 1% Milk (ages 2+) / Whole Milk (ages 1-2)  
 Items marked with an \* are whole grain rich

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>8/21</b> <b>Breakfast</b> Cheerios* Pineapple Milk  <b>Snack</b> Strawberry Yogurt Chex Mix* Milk	<b>8/22</b> <b>Breakfast</b> Toast* & Jelly Applesauce Milk  <b>Snack</b> Blueberry Muffin Milk	<b>8/23</b> <b>Breakfast</b> Corn Chex* Tropical Fruit Milk  <b>Snack</b> String Cheese Apples
<b>8/26</b> <b>Breakfast</b> Corn Flakes* Applesauce Milk  <b>Snack</b> Banana Animal Crackers	<b>8/27</b> <b>Breakfast</b> Bagel* Peaches Milk  <b>Snack</b> Teddy Grahams Milk	<b>8/28</b> <b>Breakfast</b> Life* Mandarin Oranges Milk  <b>Snack</b> Chips Salsa Milk	<b>8/29</b> <b>Breakfast</b> English Muffin* Pineapple Milk  <b>Snack</b> Cheez-It Crackers* Milk	<b>8/30</b> <b>Breakfast</b> Kix* Tropical Fruit Milk  <b>Snack</b> String Cheese Cheddar Chex Mix*

